

# Head Start & Early Head Start

A free early learning program for children ages birth to 5



## What Is Head Start?

Head Start and Early Head Start are free programs that help young children learn, grow, and get ready for kindergarten. Children will have a safe place to learn and build skills like:

- Playing and learning with other kids
- Talking, listening, and following routines
- Social, emotional, and early learning skills



## Who Is This Program For?

This program is for families living near Grand Rapids, Coleraine, Marble, Deer River, and International Falls.

- Families living in Itasca or Koochiching County
- **Early Head Start:** Children birth to age 3
- **Head Start:** Children ages 3 to 5, before kindergarten



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## Support for the Whole Family

We support the whole family, not just the child. This may include:

- Working with our Family Advocates to reach your family's goals
- Connecting you with resources in the community
- Working with other KOOTASCA programs like housing or energy assistance
- Support for your child's healthy growth and development



## Free for Eligible Families

This program is available at no cost for families who qualify.

**KOOTASCA**  
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